

**INSTRUCTIONS FOR COLLECTION of BUCCAL CELLS
(WITH MOUTH BRUSH or SWAB) FOR GENETICAL TESTS**

Label the clean, sterile container with your NAME (family name and first name) and DATE of BIRTH.

It is important that the mouth is free of food particles.

Do not drink milk and do not use chewing gum in the hour before the collection of the sample.

Please gently rinse your mouth with some water, for a few seconds only, and spit it out.

Take the brush (swab) from the sterile container.

Rub firmly for 15-20 seconds along the inside of one cheek .

Repeat the rubbing for the other cheek .

Carefully (do not touch anything else) place the brush (swab) back into the container and keep at room temperature.

The brush (swab) can be sent by regular mail, with priority. It should arrive in the laboratory within 48 hours following the collection of the cells.

Send to the address:

Universitair Ziekenhuis Gent
Centrum Medische Genetica
Ingang 34 (Medisch Onderzoekgebouw) - Stalen Medische Genetica
De Pintelaan 185
B-9000 Gent

For further questions please contact us by phone (+32-(0)9-332 36 03) or visit our website (<http://www.cmgg.be>)